

**CAREER
PATHS**

Sports

Virginia Evans
Jenny Dooley
Alan Graham



Express Publishing

Published by Express Publishing

**Liberty House, Greenham Business Park, Newbury,
Berkshire RG19 6HW**

Tel.: (0044) 1635 817 363

Fax: (0044) 1635 817 463

e-mail: inquiries@expresspublishing.co.uk

<http://www.expresspublishing.co.uk>

© Express Publishing, 2012

Design and Illustration © Express Publishing, 2012

First published 2012

Made in EU

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form, or by any means, electronic, photocopying, or otherwise, without the prior written permission of the publishers.

This book is not meant to be changed in any way.

ISBN 978-1-4715-0573-7

Acknowledgements

Authors' Acknowledgements

We would like to thank all the staff at Express Publishing who have contributed their skills to producing this book. Thanks for their support and patience are due in particular to: Alex Newton (Editor in Chief); Sean Todd and Nina Daniels (senior editors); Steve Miller (editorial assistant); Richard White (senior production controller); the Express design team; Sweetspot (recording producers). We would also like to thank those institutions and teachers who piloted the manuscript, and whose comments and feedback were invaluable in the production of the book.

Every effort has been made to trace all the copyright holders. If any have been inadvertently overlooked, the publishers will be pleased to make the necessary arrangements at the first opportunity.



**CAREER
PATHS**

Sports

Book
1

Virginia Evans
Jenny Dooley
Alan Graham



Express Publishing

Scope and sequence

Unit	Topic	Reading context	Vocabulary	Function
1	The soccer field	Passage	soccer field, goal line, goal box, penalty box, corner arc, center circle, penalty box arc, penalty spot, touch line, halfway line	Describing degree
2	Soccer: Equipment	Advertisement	goal, corner flag, soccer, soccer ball, jersey, shorts, shinguard, net, goalkeeper jersey, soccer cleats	Ordering equipment
3	Soccer: Players	Website	goalie, goalkeeper, defender, fullback, wingback, sweeper, winger, midfielder, forward, striker	Describing differences
4	Soccer: Rules 1	Rulebook	kickoff, throw in, dribble, head, cross, pass, shoot, score, goal, corner kick, goal kick	Making a recommendation
5	Soccer: Rules 2	Newspaper article	red card, yellow card, penalty kick, out of play, handball, substitute, regulation time, steal, slide tackle, offside	Expressing surprise
6	Soccer: Leagues and tournaments	Advertisement	FIFA, World Cup, UEFA, CONMEBOL, CAF, AFC, CONCACAF, OFC, qualify, elimination	Disagreeing with an opinion
7	The basketball court	Guidelines	basketball court, free throw line, center circle, three-point line, perimeter, low post area, key area, restricted area arc, inbound line, half-court line, International Basketball Federation FIBA	Describing location
8	Basketball: Equipment	Blog	basketball, hoop, backboard, rim, net, whistle, basketball shoes, high-top, ankle brace, play board, basketball	Giving a reminder
9	Basketball: Players	Article	backcourt, point guard, shooting guard, front court, small forward, power forward, center, start, lineup, bench	Stating confidence
10	Basketball: Rules	Newspaper article	dribble, rebound, jump ball, foul, foul out, free throw, jump shot, three-pointer, dunk, travel	Identifying problems
11	Basketball: Leagues and tournaments	Article	NBA, CBA, ULEB, Euroleague, WNBA, WCBA, tournament, playoffs, best of, finals	Filling in information
12	The rugby field	Guide	rugby union, rugby league, pitch, try line, half way line, twenty two, in-goal area, dead ball line, rugby ball, maximum, exceed	Using comparatives
13	Rugby: Players	Guide	prop, hooker, lock, blind-side flanker, open-side flanker, full back, wing, center, fly half, scrum half, forward, back	Explaining deficiencies
14	Rugby: Rules	Guide	try, penalty, conversion, set piece, scrum, lineout, ruck, maul, offside, in possession	Identifying a mistake
15	Sports injuries	Assessment	sprain, bruise, fracture, break, tear, cut, bone, ligament, twist, concussion	Assessing health

Table of contents

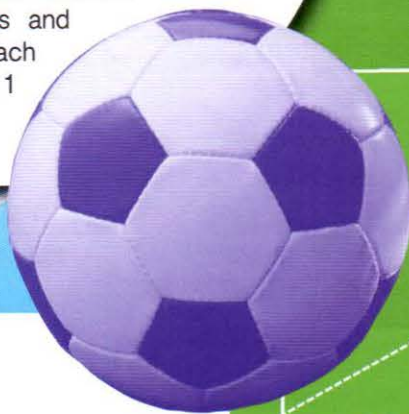
Unit 1 - The soccer field	4
Unit 2 - Soccer: Equipment	6
Unit 3 - Soccer: Players	8
Unit 4 - Soccer: Rules 1	10
Unit 5 - Soccer: Rules 2	12
Unit 6 - Soccer: Leagues and tournaments	14
Unit 7 - The basketball court	16
Unit 8 - Basketball: Equipment	18
Unit 9 - Basketball: Players	20
Unit 10 - Basketball: Rules	22
Unit 11 - Basketball: Leagues and tournaments	24
Unit 12 - The rugby field	26
Unit 13 - Rugby: Players	28
Unit 14 - Rugby: Rules	30
Unit 15 - Sports injuries	32
Glossary	34

Guidelines for Field Markings

A **soccer field** has a **touch line** of 100 to 130 yards. The width is 50 to 100 yards. The **penalty box** and the **goal box** are marked in front of the goal. Both of these touch the **goal line**.

The **penalty box arc** extends from the top of the penalty box. The **penalty spot** is centered in front of the goal.

The **center circle** is on the **halfway line**. It reaches ten yards on either side of the halfway line. The field's **corner arcs** are located where the goal lines and touchlines meet. Each has a radius of 1 yard.



halfway line

center circle

center spot

touch line

penalty spot

penalty box/area

goal box

goal line

Get ready!

- 1 Before you read the passage, talk about these questions.

- 1 What are some soccer field markings?
- 2 What markings are near the goal?

Reading

- 2 Read the passage on field markings. Then, choose the correct answers.

- 1 What is the purpose of this passage?
 - A to explain why soccer fields differ in size
 - B to designate the layout of the soccer field
 - C to compare professional and amateur soccer fields
 - D to state where players should be on a soccer field
- 2 Which part of a soccer field is longest?
 - A the goal line
 - B the halfway line
 - C the touch line
 - D the center circle
- 3 Which of these is NOT located in front of the goal?
 - A the penalty box
 - B the penalty spot
 - C the corner arcs
 - D the penalty box arc

Vocabulary

- 3 Match the words (1-6) with the definitions (A-F).

- | | |
|------------------|-------------------|
| 1 — soccer field | 4 — touch line |
| 2 — goal line | 5 — center circle |
| 3 — penalty box | 6 — goal box |

- A the longest side of a soccer field
- B the field on which soccer is played
- C the line on the field where each goal is located
- D a circle with a radius of ten-yards at the middle of the field
- E the area in which a goalkeeper can touch the ball with his or her hands
- F the area where a goal kick is taken from

4 Read the sentence pair. Choose where the words best fit the blanks.

1 corner arc / halfway line

- A The _____ extends across the center of the field.
B Each _____ measures 1 yard in radius.

2 penalty box arc / penalty spot

- A The _____ is located in front of the penalty box.
B Penalty kicks are taken from the _____.

5 Listen and read the passage on field markings again. What is the maximum touchline length?

Listening

6 Listen to the broadcast of a soccer game. Mark the following statements as true (T) or false (F).

- 1 ___ The player dribbles across the halfway line.
2 ___ The defender meets the player at the center circle.
3 ___ The player scores a goal.

7 Listen again and complete the conversation.

Announcer 1: A striker steals the ball! Who is it?

Announcer 2: It's Hudson. He's playing very aggressively.

Announcer 1: He 1 _____. He's making his way across the 2 _____.

Announcer 2: But will he go all the way?

Announcer 1: It seems so. They're trying to catch him. But he is just 3 _____.

Announcer 2: A defender meets him at the 4 _____.

Announcer 1: He 5 _____ his shot. It's blocked!

Announcer 2: But the ball rolls over the 6 _____!

Speaking

8 With a partner, act out the roles below based on Task 7. Then switch roles.

USE LANGUAGE SUCH AS:

He's running ...

Who has ...

The ball is ...

Student A: You are a sports announcer for a soccer game. Describe:

- the progress of the game
- where the players are on the field
- the movement of the ball

Student B: You are a sports announcer for a soccer game. Describe a game with Student A.

Writing

9 Use the passage and the conversation from Task 8 to fill out the news article on a game.



SPORTS FOCUS

Exciting Play

There was an exciting play early in the second half.

Kevin Doyle, a striker, stole the ball. He moved _____ . A defender _____ .

Doyle _____ . However, the defender _____ .